

Carole Furlong  
Director of Public Health

25th February 2022

Dear Parents and Carers

**Changes to COVID-19 Regulations - 24 February to 31 March 2022**  
**Advice for Parents and carers of children attending school in Harrow from**

I am writing to you to let you know about the advice that I am giving to the schools in Harrow and to provide advice to you as the parent or carer of a young person attending school in the borough.

At the time of writing this, we know that we have at least 130 new cases of COVID-19 per day. I say at least because we know that many people have either not been testing or have not been recording their rapid lateral flow (LFD) tests.

Although, there is no longer a legal requirement for people with coronavirus (COVID-19) infection to self-isolate, if you or your child have symptoms of COVID-19 or a positive test result, then public health advice is to stay at home and avoid contact with other people for 5 days.

You are strongly advised to keep your child away from school if they have COVID-19 symptoms. Schools are being strongly advised to send home children that have COVID-19 symptoms in the same way they would for symptoms of diarrhoea or vomiting.

If the number of cases in an individual school reaches a level that is concerning, then I may recommend the school reintroduce on site LFD testing and/or the wearing of masks in the common areas of the school. This is in addition to the continuation of the infection prevention and control measures the schools are taking to keep your child safe.

Yours faithfully

Carole Furlong  
Director of Public Health



HM Government

## **HOW YOU CAN CONTINUE TO KEEP YOURSELF AND YOUR LOVED ONES SAFE**



### **VACCINES**

Get vaccinated to reduce your risk of catching Covid-19 and becoming seriously ill, and to reduce the risk of spreading the virus to others.



### **FRESH AIR**

Letting fresh air in if meeting indoors, or meeting outside to disperse Covid-19 particles and reduce the risk of spreading the virus.



### **FACE COVERING**

Consider wearing a face covering in crowded, enclosed spaces.



### **STAY AT HOME IF UNWELL**

Try to stay at home if you are unwell.



### **HAND WASHING**

Wash your hands regularly to limit the spread of Covid-19.