



Cadets on Parade.

Weekly meetings (Harrow)

Our current Units are as follows:

Parish Office Church House Old
Church Lane Stanmore Middlesex HA7
2QX (Every Tuesday)

Senior Cadets 13-19 year old - 18:00-
20:30

Junior Cadets 10-13 year old—16:30 –
17:30

The units meet during **term time only**.



Cadets Completing Gold DofE Expedition in Snowdonia

Aspire to be different. Join the Volunteer Police Cadets at Harrow. Meet with like minded young people with shared interests. Have fun, learn, develop and help in your local community. Check out “Met Volunteer Police Cadets, part 1” on YOUTUBE for a 2 min video.



Greater Youth, Greater London



The Annual Cadet Competition

What is the Volunteer Police Cadets?

We are a Volunteer Uniform Youth group that is supported and run by the Metropolitan Police.

Junior Police Cadets

Junior Police Cadets are from School Years 6-8.

It was developed after recognising a vulnerability gap between primary and secondary school. It aims to teach young people life skills and social responsibility in a fun and engaging environment. These units are led by Senior Cadets supported by VPC staff, allowing them to be positive role models to their younger peers.

Senior Police Cadets

The Cadets meet once a week and often perform duties in support of local policing. They also take part in large public events like Trooping the Colour, Remembrance Day Parades, London Marathon and Notting Hill Carnival. There are also various cadet competitions held throughout the year where units compete against each other. All of these activities can be used to complete the Duke of Edinburgh Award.

Weekly Meetings

At weekly meetings Cadets have a variety of inputs on aspects of policing and citizenship. They also take part in sporting activities and are taught Drill and Marching.

★ **Uniform:**

Free, after a 10 Week Probation period. Senior Cadets (Yr9 and above) will need black boots.

★ **Opportunity**

Meet new people from your borough. Camps and trips away. Learn new skills.

Trips and Camps

During School holidays many of our Cadets go on camps and trips. Some of these are day events like trips to visit the crime museum or take part in white water rafting, some are week long camps, taking part in many different outdoor activities like Mountain biking, Ghyll Scrambling, Climbing and caving. We also offer leadership training days.



Cadets take part in competitions including First Aid

Volunteering

Cadets are expected to volunteer some of their time to help out in their local community giving Crime prevention advice, stewarding local events and test purchasing of Alcohol, fireworks and knives. They will also get the opportunity to join officers and help with the policing of big events such as London Marathon, Ride London, Trooping the Colour and the Notting Hill Carnival.

Competitions

There are a number competitions across the Year where cadet units compete against each other

★ **The Annual Cadet Competition:**

Concentrating on police style scenarios

★ **Iron Team:**

A bit like I'm a celebrity get me out of here

★ **Paintball:**

Staff and Cadets against other boroughs

Contact Us

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