

# Harrow's Early Support Children's & Young People's Centres

## Early Support Holiday Timetable

Pre-natal – 19 / 25 years

03 June – 26 July 2024

For more  
services for age  
9 – 19 / 25  
years go to  
[@Wealdstone.youthhub](https://www.instagram.com/wealdstone.youthhub)  
on Instagram

**Harrow Council**  
**Early Support**  
Small Steps - Lasting Change

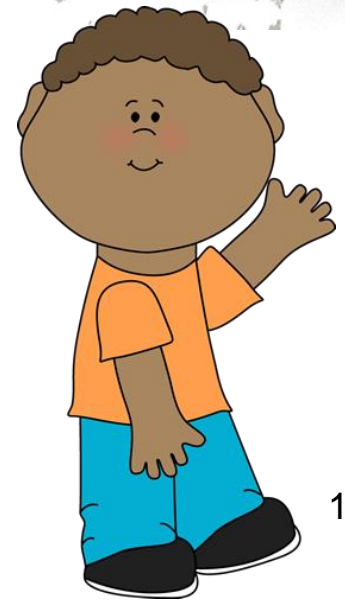
Early Support is a free service available to all those  
living in Harrow. (Including NRPF)

Early Support groups are drop in unless stated  
otherwise

Check out the timetable to see what sessions you  
can drop in to!

You will still need to call & book into some sessions so please do double check  
the timetable

Please note numbers are limited to keep us all safe!



Page No	
2	Contents Page
3	Please follow this guide in all of our groups and services.
4	Free Baby Groups Flyer
5	Workshops – what are they
6	Workshop dates
7	SEND workshops
8 - 11	Weaning offer
12	Baby Massage FREE
13	Dance Classes
14	New service through Learn Harrow – Oral health
15	New service through Learn Harrow – numeracy
16	9 – 19 / 25 Year Offer
17 – 32	0 – 10 years timetable
33 – 35	Parenting Offer descriptions
36	Centre information

We would love to hear your views

Please complete this short [survey](#)



## Please follow this guide in all of our groups and services.

Note; we have limited space for buggies and for health and safety reasons buggies can not be brought in to groups, where possible please leave your buggies at home. We recommend bringing a buggy lock with you to centres with outdoor buggy bays.

Please arrive only 10mins prior to the group start times. Doors will open at most sites 2 - 5mins prior to the start time for sign in



Mobile phones should be turned to silent or switched off during groups and handheld computers should be switched off. If you would like to take a picture or video of a special moment, ask a member of the team.



You remain responsible for your children at all times.



We provide water in all groups. (Due to allergies, we are unable to agree to families bringing their own food or snacks)



You are responsible for all personal belongings.



There is an expectation that everyone helps to tidy up.



Most importantly **PLAY, LEARN** and **HAVE FUN!**

# FREE BABY GROUPS IN HARROW



Parents are their child's first and most influential teachers

Harrow has a range of FREE baby groups for parents & their baby.

The groups are a great opportunity to meet other parents, to get tips and advice (as all parents need advice sometimes) & to learn about your baby's development using the Parents As First Teachers & Early Years Curriculums.

Each group has a different theme that will provide parenting & development advice to parents.

To find out more contact 020 8736 6222

# Support, advice and guidance from...

## Early Support

Small Steps - Lasting Change

## Parenting is tough!

**We can all do with a little bit of advice and guidance at times**

The Early Support staff are trained in the most up to date evidence based approaches to support you as a parent or carer!

Staff are here to....

- listen
- to support you to make the best decision for your family
- to offer advice and support from a friendly professional
  - to reassure
- to support access to any services you may need or want and
  - to do what ever they can to offer support!

These topics will help with starting school

You can get support through any of the virtual sessions however you can also call 020 8736 6222 and ask to be put in contact with a member of the team

Ask about sleep routines

Ask about toilet learning

Ask about meal times or feeding

Ask about behaviour

**Behaviour Workshop**  
Call 020 8427 0134 to book  
Focus on parents of 2 - 5 year olds  
Virtual/Face to face at Gange  
-Thursday 4 July 2024  
pm



Call 020 8736 6222 to book  
Positive Behaviour  
management-avoiding physical  
chastisement  
Monday 8 July 2024  
1.15 - 2.45 pm

For families of children on the  
journey to diagnosis or with a  
diagnosis of SEND  
Call 020 8736 6222 to book  
Virtual - Monday 24 June 2024  
AM

### **Managing Emotions Workshop**

Call 020 8736 6222 to book  
Tuesday 16 July 2024 PM

# Summer Term 2 2024 Early Support Parenting Workshops

We all need advice sometimes....  
Appointment only



**Toilet Learning Workshop**  
Call - 020 8427 0134 to book  
Virtual/ Face to face at Gange  
Thursday 6 June 2024  
1- 2 pm

For families of children on the journey  
to diagnosis or with a diagnosis of  
SEND  
Virtual - Tuesday 2 July 2024  
1.15- 2.45 pm  
Call 020 8736 6222 to book

**Parenting Top Tips &  
Advice Appointments**  
Virtual / Face to Face at  
Cedars  
Call to book - 020 8736 6222  
**Wednesdays AM**  
12 June 2024  
19 June 2024  
26 June 2024  
17 July 2024  
24 July 2024  
**SEND Specific**  
26 June 2024 - PM - Chandos  
10 & 17 July 2024 - Cedars

Face to face/ Virtual at  
Pinner Centre  
Call to book - 020 8736 6222  
Monday 10 June PM

Virtual /Face to face at  
Gange  
Call to book 020 8427 0134  
Mondays  
10 June 2024 - PM  
24 July 2024 - PM

Virtual /Face to Face at  
Kenmore Park  
Call to book 020 8427 0134  
Friday 21 June 2024 - PM

# S.E.N.D Workshops



If your child has S.E.N.D you may need some more specific advice and strategies



Toilet learning for children with S.E.N.D

Virtual - Tuesday 2 July 2024

1.15- 2.45 pm

Call 020 8736 6222 to book



Behaviour workshop for children with S.E.N.D

Virtual - Monday 24 June 2024

AM

Call 020 8736 6222 to book

Parenting Top Tips & Advice Appointments

Virtual / Face to Face at Cedars

10 July 2024

17 July 2024

Call to book - 020 8736 6222

26 June 2024 - PM

Call to book - 020 8736 6550

# Weaning parties

From 6 ½ months we would suggest you book and come along to a weaning party, to get recipe ideas, get reassurance about suitable foods and practice with some homecooked finger foods.



This baby is 6 months, enjoying finger foods from the start

Baby's a little older here - you can see the progression in her hand skills



*Weaning workshops / parenting sessions* (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time	Venue
26 June 2024 2 - 3pm	Cedars Children's Centre, Whittlesea road, HA3 6LS
24 July 2024 2 - 3pm	Cedars Children's Centre, Whittlesea road, HA3 6LS

Please ring 020 8736 6222 to book a place for the weaning party

**Early Support**  
Small Steps - Lasting Change

# Weaning workshops

From 5 months we would suggest you join an online weaning workshop for top tips and advice on how to introduce solid foods with your baby!

To book a place on the workshop, please message the Facebook inbox  
[www.facebook.com/harrowcc](https://www.facebook.com/harrowcc)

or email Early Support at [earlysupporthub@harrow.gov.uk](mailto:earlysupporthub@harrow.gov.uk)

or ring the centre to book 020 8736 622



*Weaning workshops / parenting sessions* (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time

Venue

Tuesday 11 June 2024 12 – 1 pm

Remote group on Teams

Tuesday 9 July 2024 12- 1pm

Remote group on Teams

# Specialist Feeding party

Are you struggling to move your older baby on from puree?

Did you need to start introducing solid foods later? Does your baby/toddler have additional needs?



We can offer support and advice, and you can try out some foods in a range of textures /consistencies



Please ring 020 8736 6222 to book a place for the specialist weaning party

Date & Time	Venue
Friday 26 July 2024 1 – 2 pm	Cedars Children's Centre, Whittlesea road, HA3 6LS

**Early Support**  
Small Steps - Lasting Change

# Saturday Weaning Parties

From 5 months we would suggest you book and come along to a weaning workshop for top tips and advice on how to wean your baby!



## Weaning Party

Between 6 – 9 months you can attend weaning parties at the Centre!

This is a great opportunity to get recipe ideas, get reassurance around suitable foods and practice weaning.

Please ring

020 8736 6222

to book a place for the weaning party

**Early Support**  
Small Steps – Lasting Change

### Saturday weaning party dates

Date & Time	Venue
29 June 2024 10 – 11 am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222
13 July 2024 10 – 11am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222

**Early Support**

Small Steps - Lasting Change

# BABY MASSAGE



New Baby massage course

A set of 4 baby massage sessions will be starting at

Whitefriars Delivery Site,  
Whitefriars Avenue, HA3 5RQ  
on  
Wednesdays 5, 12 19 & 26  
June 2024

From 9.30-11.30am

Please book by calling  
020 8424 1066

**LEARN** :  
HARROW . . . . .

Harrow  
Children's  
Centres

Early  
Support  
Hubs

[WWW.LEARNHARROW.AC.UK](http://WWW.LEARNHARROW.AC.UK)



# Indian Dance Workshops for Harrow residents aged 5-25 (up to 30 years for those of SEND)

Please join us for free after-school workshops on **Wednesdays**.

**Venue 1: Children's workshop for aged 5-15**  
GREENHILL LIBRARY, PERCEVAL SQUARE, COLLEGE ROAD, HARROW HA1 1GX

**Timings:**  
3.30-4.30pm / 4.30-5.30pm

**Venue 2: Adult's workshop for ages 16-25 (up to 30 for SEND)**  
Srishti's Dance Studio, Greenhill building, Harrow Arts Centre, Uxbridge Road, Hatch End, Middlesex HA5 4EA

**Timings:**  
Wednesdays 8-9pm  
**Register via [yuvaculture@srishti.co.uk](mailto:yuvaculture@srishti.co.uk) to participate.**

# SRISHTI Yuva Culture

## FREE DANCE WORKSHOPS

FOR YOUNG PEOPLE IN HARROW AGED 5-25 (UPTO 30 YEARS FOR THOSE OF SEND)

- LEARN CLASSICAL INDIAN DANCE MOVEMENTS
- BE CREATIVE AND HAVE FUN
- IMPROVE HEALTH AND WELLBEING
- RELEASE STRESS

**CHILDREN AGED 5-15: GREENHILL LIBRARY, PERCEVAL SQUARE, COLLEGE ROAD, HARROW HA1 1GX**

**YOUNG PEOPLE / ADULTS AGED 16-25 (UPTO 30 YEARS FOR SEND): SRISHTI'S DANCE STUDIO, HARROW ARTS CENTRE, UXBRIDGE ROAD, HATCH END, HA5 4EA**

**FREE SESSIONS FOR CHILDREN ON WEDNESDAYS FOR 12 WEEKS FROM 17 APRIL 2024 TO 24 JULY 2024, EXCLUDING 24 APRIL, 22 MAY AND 26 JUNE**

**FREE SESSIONS FOR YOUNG PEOPLE / ADULTS ON WEDNESDAYS FOR 12 WEEKS FROM 10 APRIL TO 17 JULY EXCLUDING 24 APRIL, 19 JUNE AND 26 JUNE**

**3.30 TO 4.30PM - FIRST WORKSHOP FOR CHILDREN AT GREENHILL LIBRARY**  
**4.30 TO 5.30PM - SECOND WORKSHOP FOR CHILDREN AT GREENHILL LIBRARY**  
**8.00 TO 9.00PM - YOUNG PEOPLE / ADULTS WORKSHOP AT SRISHTI'S DANCE STUDIO (FREE ACCESS FOR THIS CLASS WILL REQUIRE EVIDENCE OF BEING ON FREE SCHOOL MEALS / UNIVERSAL CREDIT)**

WORKSHOPS ARE FREE. WITH PRIORITY GIVEN TO THOSE ON FREE SCHOOL MEALS / UNIVERSAL CREDIT. REGISTRATION IS ESSENTIAL!

**BOOK NOW** [yuvaculture@srishti.co.uk](mailto:yuvaculture@srishti.co.uk)

AFTER-SCHOOL WELLNESS WORKSHOPS ARE DEVISED AND DELIVERED BY SRISHTI YUVA CULTURE AND FUNDED BY YOUNG HARROW FOUNDATION IN ASSOCIATION WITH HARROW CHANGE MAKERS.

SRISHTI YUVA CULTURE IS A REGISTERED CHARITY (NO 1127181) BASED AT THE HARROW ARTS CENTRE. [WWW.SRISHTI.CO.UK](http://WWW.SRISHTI.CO.UK)

020 8420 1076 (monitored occasionally)



LEARN:  
HARROW.....



FREE  
WORKSHOP

LEARN MORE



# ORAL HEALTH FOR CHILDREN

17 JUN 2024

MON 12:30-13:30



Kenton Learning Centre



[www.learnharrow.ac.uk](http://www.learnharrow.ac.uk)

LEARN :  
HARROW.....

# Family Numeracy course!

Years 1, 2  
& 3

Join up and learn  
how to make  
Maths interesting  
for your children.

Online course for  
parents.

**Book here**



MATHEMATICS

WWW.LEARNHARROW.AC.UK

# TIMETABLE Harrow Early Support Youth Offer

## Term Time

CONTACT: 0208 416 8667  
WEALDSTONEHUBBYOUTHoffer@HARROW.GOV.UK

MONDAY

### JUNIOR YOUTH CLUB AT WEALDSTONE YOUTH CENTRE

Time: 3:00-5:00pm  
Ages: 9-15

DROP IN OR BOOK TO SECURE SPACE - LIMITED AVAILABILITY

TUESDAY

### LEARN TO COOK AT WEALDSTONE YOUTH CENTRE

Time: 3:00-5:00pm  
All Ages (may split depending on age)

DROP IN OR BOOK TO SECURE SPACE - LIMITED AVAILABILITY



WEDNESDAY

### PARENTING AT WEALDSTONE YOUTH CENTRE

PLEASE BOOK

#### 13-15'S YOUTH CLUB

- Time: 3:00-5:00pm
- Ages: 13-15

DROP IN OR BOOK TO SECURE SPACE - LIMITED AVAILABILITY

THURSDAY

### GYM SESSIONS AT HARROW LEISURE CENTRE

Time: 3:00-6:00pm  
All Ages

PLEASE BOOK



FRIDAY

### GAMES NIGHT AT WEALDSTONE YOUTH CENTRE

Time: 3:00-5:00pm  
Ages: 9-15

DROP IN OR BOOK TO SECURE SPACE - LIMITED AVAILABILITY



### SENIOR YOUTH CLUB AT WEALDSTONE YOUTH CENTRE

Time: 5:00-7:00pm  
Ages: 16-19/25 SEN

LIMITED SPACES PLEASE BOOK

### HARROW YOUTH PARLIAMENT AT WEALDSTONE YOUTH CENTRE

Time: 5:00-7:00pm  
All Ages: 9-19

PLEASE CALL TO FIND OUT MORE DETAILS

### MENTAL TOUGHNESS AT WEALDSTONE YOUTH CENTRE

PLEASE BOOK



Ages 16-19/25 SEN for SYC

Young people with SEN / Additional needs are welcome to all of our groups. If a carer/ 1-1 support is needed then please ensure to enquire regarding suitability and attending with your young person

*wealdstone youth centre*



Venue	Monday 03 June 2024	Tuesday 04 June 2024	Wednesday 05 June 2024	Thursday 06 June 2024	Friday 07 June 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	<b>Staff Planning day</b>	10 – 11.30am <b>Let's Get Physical – drop in</b>	<b>ESNA day</b>	10 – 11am <b>TALK &amp; Play -18 months +</b> <b>With educational psychologist drop in</b>	10.30 – 11.30am <b>Outdoor Play</b> <b>'Little Adventurers'</b> <b>Drop in</b>
	12 – 2.30pm <b>Baby Feeding Group</b>	1 – 2.30pm <b>Children's Sensory Team Pre School Group – appointments</b>	<b>Harrow Under 5's CAMHS service</b> – Call for more information / to ask for a call back	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	<b>Did you know we run a Specialist Weaning Party</b> <i>Are you struggling to move your older baby on from puree? Did you need to start introducing solid foods later? Does your baby have additional needs? If yes book your place or find out more by calling Cedars</i>
	<b>Call to book a 2, 3 / 4 year old health &amp; development check</b>	1 – 2.30pm <b>Sensory Play – drop in – Sensory room time</b>		1.30 – 3pm <b>Learning Through Play – Mark Making - drop in</b>	
		<b>Harrow Under 5's CAMHS service</b> – Call for more information / to ask for a call back – <b>NEW</b>			
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	Partner agencies	10 – 11.30am <b>Imagine &amp; Play – My Big School - drop in</b>		Health visitors <b>Appointment only through Health visiting team</b>	
		<i>Families can visit Cedars for Sensory Play 1 – 2.30pm</i>		<i>Parenting Programme</i>	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	Partner agencies	10 – 11am <b>TALK &amp; Play – drop in 18 months +</b>		10 – 11am <b>Stories Come Alive – drop in</b>	10 – 11.30am <b>Let's Get Physical – drop in</b>
		1.30 – 2.30pm <b>Parents As First Teachers Group Birth – 3 years – drop in</b>	Partner agencies	1.30 – 2.30pm <b>Parents As First Teachers Baby Group – drop in Birth – Crawlers</b>	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	<b>Toilet Learning Workshop</b> at Gange / virtual TBC Call 020 8427 0134 to book	<i>Families can visit Cedars for Let's Get Physical 10 – 11.30am or Sensory Play 1 – 2.30pm</i>	<b>Harrow Under 5's CAMHS service</b> – Call for more information / to ask for a call back – <b>COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group</b> <b>Book your place by emailing <a href="mailto:lcookson@virginmedia.com">lcookson@virginmedia.com</a></b>	10 – 11am <b>TALK &amp; Play – 18 months +</b>
			<b>9.30 – 11.30am FREE Baby Massage</b> call to book	1.30 – 2.30pm <b>Indoor &amp; Outdoor Play – Low cost to no cost activity ideas – drop in</b>	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	Partner agencies	<i>Families can visit Stanmore Park for Imagine &amp; Play 10 – 11.30am</i>	Partner agencies	10 – 11.30am <b>Imagine &amp; Play – Schools - drop in</b>	Partner agencies
	Partner agencies	1 – 2pm <b>Fun with Phonics – drop in</b>		1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>	Islamic Cultural Society

Venues	Monday 03 June 2024	Tuesday 04 June 2024	Wednesday 05 June 2024	Thursday 06 June 2024	Friday 07 June 2024
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692	10 - 11.30am Portage group by appointment  1 - 2pm <b>Sensory play</b> ( birth - 4 years) Drop in	Partner service		10 - 11am <b>Learning through play</b> (birth - 4 years) Drop in  1-2pm Portage bookings	1-2:30pm <b>Blossom Baby Massage</b> Bookings <a href="https://blossomantenatal.com/harrow-baby-massage-2">https://blossomantenatal.com/harrow-baby-massage-2</a>  1 - 3pm <b>Health Clinic</b> Drop in
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	9.45- 11am Or 11:15-12:30 <b>Homestart</b> <b>Home from Home</b> Stay and play (Please attend only one group)	9:30am - 11:30pm <b>Healthy visitor</b> <b>Weighing drop in Clinic</b>  1 - 4pm <b>Health Visitor</b> (Bookings)	Team day	12 – 2.30pm <b>Baby Feeding Group</b> Drop in	1:30 - 2:30pm <b>Sensory Play</b> Birth - crawlers) Drop in
	1.30 - 2.30 Explore and learn outdoors (birth - 4 years) Drop in				
<b>Gange</b> Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	9:30 - 11:30am <b>Health Visitor Clinic</b> Drop in	1.30 - 2:30pm <b>Learning through play</b> (birth- 4 years) Drop in		11am - 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in  1-2pm <b>Toilet Learning</b> <b>workshop</b> ( face to face or virtual)	Partner service
<b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941	10 - 11:30am <b>Sensory play</b> (birth- 4 years ) Drop in	Partner service	9:30am -3pm <b>Health Clinics</b> (bookings)	Partner service	10-11am <b>Explore and learn</b> <b>Outdoors</b> (birth-4 years) Drop in  1 -2pm <b>Stories Come Alive</b> ( birth- 4 years) drop in

Venue	Monday 10 June 2024	Tuesday 11 June 2024	Wednesday 12 June 2024	Thursday 13 June 2024	Friday 14 June 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	12 – 2.30pm <b>Baby Feeding Group</b>	Children’s Sensory Team Meet and Greet Session		10 – 11am <b>TALK &amp; Play -18 months + With the Speech &amp; Language Therapist - drop in</b>	10.30 – 11.30am <b>Outdoor Play ‘Little Adventurers’ Drop in</b>
	<b>Call to book a 2, 3 / 4 year old health &amp; development check</b>	1 – 2.30pm <b>Children’s Sensory Team – appointments</b>	<b>Harrow Under 5’s CAMHS service –</b> Call for more information / to ask for a call back	<b>9.30 – 11.30am Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	<b>Did you know we run a Specialist Weaning Party</b> <i>Are you struggling to move your older baby on from puree? Did you need to start introducing solid foods later? Does your baby have additional needs? If yes book your place or find out more by calling Cedars</i>
		<b>Harrow Under 5’s CAMHS service –</b> Call for more information / to ask for a call back – <b>NEW</b>	<b>FREE - First Aid for Parents book at the centre</b>	<b>1.30 – 3pm Learning Through Play – Gross Motor Skills - drop in</b>	
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	10 – 11am <b>Parents As First Teachers Group Birth – 3 years – drop in</b>		10 – 11am <b>TALK &amp; Play -18 months + - drop in</b>	Health visitors <b>Appointment only through Health visiting team</b>	
	1 – 2.30pm <b>Learning Through Play – Messy Play – drop in</b>		<b>Staff training pm</b>	<i>Parenting Programme</i>	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<b>PM Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger &amp; more - Call to book a place</b>	10 – 11am <b>TALK &amp; Play – drop in 18 months +</b>	10 – 11.30am <b>Learning Through Play - Sensory play – drop in</b>	10 – 11am <b>Stories Come Alive – drop in</b>	
		1.30 – 2.30pm <b>Parents As First Teachers Group Birth – 3 years – drop in</b>		1.30 – 2.30pm <b>Parents As First Teachers Baby Group – drop in Birth – Crawlers</b>	Partner agencies
Whitefriars Children’s Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	<i>Families can visit Stanmore Park for PAFT 10 – 11am</i>		<b>Harrow Under 5’s CAMHS service –</b> Call for more information / to ask for a call back – <b>COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group Book your place by emailing <a href="mailto:cookson@virginmedia.com">cookson@virginmedia.com</a></b>	10 – 11am <b>TALK &amp; Play – 18 months + Drop in</b>
	1 – 2.30pm <b>Imagine &amp; Play My Big School – drop in</b>		<b>9.30 – 11.30am FREE Baby Massage call to book</b>		
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am <b>TALK &amp; Play – drop in 18 months +</b>		10 – 11am <b>Sensory Baby Group – drop in Crawlers – 18 months</b>	10 – 11.30am <b>Imagine &amp; Play – People who help us - drop in</b>	Partner agencies
	<i>Families can visit Stanmore Park for Learning Through Play 1 – 2.30pm</i>			1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>	Islamic Cultural Society

Venues	Monday 10 June 2024	Tuesday 11 June 2024	Wednesday 12 June 2024	Thursday 13 June 2024	Friday 14 June 2024
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692  Healthy living week	10-11.30am Portage group by appointment	Partner service	10-11am or 11.15am- 12.15pm <b>Baby Stay and play</b> ( birth- 18 months) <b>Please only attend one            group</b> Drop in	10 - 11am <b>Learning through play</b> (birth - 4 years) Drop in	1-2:30pm <b>Blossom baby massage</b> 12:30-3pm (Bookings )  1 - 3pm <b>Health Visitor Clinic</b> Drop in
			1 - 2:15pm <b>Let's play together</b> (Bookings)	1-2pm Portage bookings	
<b>Kenmore            Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)	9:30am-11:30pm <b>Health Visitor clinic            drop in</b>	10 - 11am <b>Stories come Alive</b> (birth-4 years) Drop in	12 – 2.30pm <b>Baby Feeding Group</b> Drop in	1:30 - 2:30pm <b>Sensory play</b> (Birth - crawlers) Drop in
	1.30 - 2.30 <b>Explore and learn            outdoors</b> (birth - 4 years) Drop in		1.30 - 2.30pm <b>Baby stay and Play</b> ( birth -18 months) Drop in		
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	9:30 - 11:30am Health Visitor Clinic Drop in  Parenting advice top tips P.M. appointments Face to face or virtual	1.30 - 2:30pm <b>Learning through play</b> (birth- 4 years) Drop in	Learn Harrow Baby first aid 9-12 (Bookings)	11am - 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in	Partner services
<b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941	10 - 11:30am <b>Sensory play</b> (birth- 4 years ) Drop in	Partner service	9:30am -3pm <b>Health Clinic</b> (bookings)	Partner service	10 - 11am <b>Explore and learn            outdoors</b> (birth-4 years) Drop in
					1 - 2pm <b>Stories come alive</b> ( birth- 4 years) Drop in

Venue	Monday 17 June 2024	Tuesday 18 June 2024	Wednesday 19 June 2024	Thursday 20 June 2024	Friday 21 June 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	<b>Call to book a 2, 3 / 4 year old health &amp; development check</b>	10 – 11.30am <b>Let's Get Physical – drop in Birth – 4 years</b>	10 – 11am <b>Parents As First Teachers Baby Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play - 18 months + drop in</b>	10.30 – 11.30am <b>Outdoor Play 'Little Adventurers' Drop in</b>
	12 – 2.30pm <b>Baby Feeding Group</b>	1 – 2.30pm <b>Children's Sensory Team – appointments</b>	<b>Harrow Under 5's CAMHS service</b> – Call for more information / to ask for a call back	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	<b>Did you know we run a Specialist Weaning Party</b> <i>Are you struggling to move your older baby on from puree? Did you need to start introducing solid foods later? Does your baby have additional needs? If yes book your place or find out more by calling Cedars</i>
	<i>Families of babies crawlers to 18 months can access PAFT baby Group at Whitefriars 10 – 11am</i>	1 – 2.30pm <b>Sensory Play – drop in No sensory room today Birth – 4 years</b>	<b>8am – 11am</b> <b>Parenting advice session</b> Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	1 .30 – 3pm <b>Learning Through Play – Literacy - drop in</b>	
<i>Families of children from birth – 3 years can access PAFT at Stanmore Park 10 – 11am</i>	<b>Harrow Under 5's CAMHS service</b> – Call for more information / to ask for a call back – <b>NEW</b>				
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	10 – 11am <b>Parents As First Teachers Group Birth – 3 years – drop in</b>	<i>Families can visit Cedars for Let's Get Physical 10 – 11.30am or Sensory Play 1 – 2.30pm</i>	10 – 11am <b>TALK &amp; Play -18 months + - drop in</b>	Partner agencies	10 – 11am <b>Baby Group Womb to World Pre natal – Crawlers 4<sup>th</sup> Trimester – drop in</b>
				<i>Parenting Programme</i>	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<b>Partner agencies</b>	10 – 11am <b>TALK &amp; Play – drop in 18 months +</b>	10 – 11.30am <b>Learning Through Play - Phonics – drop in</b>	10 – 11am <b>Stories Come Alive – drop in</b>	10 – 11.30am <b>Let's Get Physical – drop in</b>
		1.30 – 2.30pm <b>Parents As First Teachers Group Birth – 3 years – drop in</b>		1.30 – 2.30pm <b>Parents As First Teachers Baby Group – drop in Birth – Crawlers</b>	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	10 – 11am <b>PAFT Baby Group – Crawlers – 18 months - drop in</b>	<i>Families can visit Cedars for Let's Get Physical 10 – 11.30am or Sensory Play 1 – 2.30pm</i>	<b>Harrow Under 5's CAMHS service</b> – Call for more information / to ask for a call back – <b>COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group</b> <b>Book your place by emailing <a href="mailto:cookson@virginmedia.com">cookson@virginmedia.com</a></b>	10 – 11am <b>TALK &amp; Play – 18 months + - Drop in</b>
			<b>9.30 – 11.30am</b> <b>FREE Baby Massage</b> call to book	1.30 – 2.30pm <b>Indoor &amp; Outdoor Play – Low cost to no cost activity ideas – drop in</b>	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am <b>TALK &amp; Play – drop in 18 months +</b>	10 – 11am <b>Stories Come Alive – drop in 12 months +</b>	10 – 11am <b>Sensory Baby Group – drop in Birth - Crawlers</b>	<b>10 – 10.45am</b> <b>STORY TIME – drop in</b> <b>Lead by the Library Service</b>	Partner agencies
		1 – 2pm <b>Fun with Numbers – drop in (memo - rotating group)</b>		1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>	Islamic Cultural Society 21

Venues	Monday 17 June 2024	Tuesday 18 June 2024	Wednesday 19 June 2024	Thursday 20 June 2024	Friday 21 June 2024
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group by appointment	Partner service	10-11am or 11.15am - 12.15pm <b>Baby Stay and play</b> ( birth- 18 months) Please only attend one group Drop in	10 - 11am <b>Learning through play</b> (birth - 4 years) Drop in With EP	1- 2:30pm Blossom baby massage (Bookings )
	1 - 2pm <b>Sensory play</b> ( birth - 4 years) Drop in		1 – 2:15pm <b>Let's play together</b> (Bookings)		
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)	9:30am-11:30pm Healthy visitor Weighing drop in Clinic	10 - 11am <b>Stories come Alive</b> (birth-4 years) Drop in <b>KL</b>	10-11:30am <b>Rising stars</b> Focus group for children starting nursery or school ( 2-4 years)	AM Parenting advice top tips Appointments
	1.30 – 2.30 <b>Explore and learn Outdoors</b> (birth – 4 years) Drop in		1.30 - 2.30pm <b>Baby stay and Play</b> ( birth -18 months) Drop in		
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	9:30 - 11:30am Health Visitor Clinic Drop in	10 - 11am <b>Stories come alive</b> ( birth - 4 years) Drop in	Partner service	11am -12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in	Partner service
		1.30 - 2:30pm <b>Learning through            play</b> (birth- 4 years) Drop in		1 - 2pm <b>Harrow Library service            story time</b> ( birth- 4years) Drop in	
<b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941	10 - 11:30am <b>Sensory play</b> (birth- 4 years) Drop in	Partner Services	9:30am-3pm Health Clinics (bookings)	22	10 -11am <b>Explore and learn            Outdoors</b> (birth-4 years) Drop in
					1 - 2pm <b>Baby sensory</b> ( birth - crawlers) Drop in

Venue	Monday 24 June 2024	Tuesday 25 June 2024	Wednesday 26 June 2024	Thursday 27 June 2024	Friday 28 June 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Call to book a <a href="#">2, 3 / 4 year old health &amp; development check</a>	10 – 11.30am Let's Get Physical – drop in Birth – 4 years	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play - 18 months + drop in	Did you know we run a <b>Specialist Weaning Party</b> Are you struggling to move your older baby on from puree? Did you need to start introducing solid foods later? Does your baby have additional needs? If yes book your place or find out more by calling Cedars
	10 -11am Babbling Babies – The importance of communication from bump onwards - drop in	1 – 2.30pm Children's Sensory Team – appointments	<b>8am – 11am</b> Parenting advice session - Call to book a place	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	
	12 – 2.30pm Baby Feeding Group	1 – 2.30pm Sensory Play – drop in – Sensory room time	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	1 .30 – 3pm <b>Learning Through Play –</b> <i>Self-help skills</i> - drop in	
	1 – 2pm Stories & Rhyme Time - drop in	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back – <b>NEW</b>	<b>Weaning Party</b> 6 months + Call to book your place		
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – <i>People Who Help Us</i> - drop in	10 – 11am TALK & Play -18 months + - drop in	<b>Health Visitors</b> Appointments are sent in advance	Partner agencies
	1 – 2.30pm Learning Through Play – <i>Literacy</i> – drop in	<i>Families can visit Cedars for Sensory Play 1 – 2.30pm</i>	1.30 – 3pm Indoor & Outdoor Play - Drop in	<i>Parenting Programme</i>	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<b>PM</b> Parenting advice session Support around behaviour, sleep, feeding, toileting, family relationships, managing anger & more - Call to book a place	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - <i>Literacy</i> – drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
		1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1 – 2pm Stories & Rhyme Time - drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	<b>Virtual - SEND Behaviour workshop – AM – Call 020 8736 6222 to book</b>  2 – 2.45pm <b>STORY TIME – drop inn</b> Lead by the Library Service	<i>Families can visit Cedars for Let's Get Physical 10 – 11.30am</i>	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back – <b>COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group</b> Book your place by emailing <a href="mailto:cookson@virginmedia.com">cookson@virginmedia.com</a>	10 – 11am TALK & Play – 18 months + - Drop in
		1.30 – 3pm PAFT Group – Birth – 3 years – drop in	<b>9.30 – 11.30am</b> <b>FREE Baby Massage</b> call to book	1.30 – 2.30pm Indoor & Outdoor Play – Low cost to no cost activity ideas – drop in	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Birth - Crawlers	10 – 11.30am Imagine & Play – <i>Dinosaurs</i> - drop in	Partner agencies
	Partner agencies	Partner agencies	1 - 3pm <b>NEW</b> <b>SEND Parenting advice session – call to book</b>	Partner agencies	Islamic Cultural Society

Venues	Monday 24 June 2024	Tuesday 25 June 2024	Wednesday 26 June 2024	Thursday 27 June 2024	Friday 28 June 2024
<p><b>Hillview</b> 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692</p>	<p>10-11.30am Portage group by appointment</p> <p>1 – 3pm Blossom Antenatal</p>	<p>Partner service</p>	<p>10 -11am <b>or</b> 11.15am - 12.15pm <b>Baby Stay and play</b> ( birth- 18 months) Please only attend one group Drop in</p> <p>1 – 2:15pm <b>Let's play together</b> (Bookings)</p>	<p>10 – 11am <b>Learning through play</b> (birth - 4 years) Drop in</p> <p>1-2pm Portage bookings</p>	<p>1-2:30pm Blossom baby massage (Bookings )</p> <p>1 – 3pm Health Clinic Drop in</p>
<p><b>Kenmore Park</b> Wareford Road, Kenton, HA3 9HZ 020 8416 8400</p>	<p>9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)</p> <p>1.30 – 2.30 <b>Explore and learn</b> (birth – 4 years) Drop in</p>	<p>9:30am-11:30pm Healthy visitor Weighing drop in Clinic</p>	<p>10 - 11am <b>Stories come Alive</b> (birth-4 years) Drop in</p>	<p>10-11:30am Rising stars Focus group for children starting nursery or school ( 2-4 years)</p> <p>12 – 2.30pm Baby Feeding Group Drop in</p>	<p>1:30 – 2:30pm <b>Sensory play</b> (Birth – crawlers) Drop in</p>
			<p>1.30 - 2.30pm <b>Baby stay and Play</b> ( birth -18 months) Drop in</p>		
<p><b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134</p>	<p>9:30 – 11:30am Health Visitor Clinic Drop in</p>	<p>10 – 11am <b>Stories come alive</b> ( birth – 4 years) Drop in</p>	<p>Partner service</p>	<p>11am – 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in</p>	<p>Partner service</p>
		<p>1.30 - 2:30pm <b>Learning through play</b> (birth- 4 years) Drop in</p>			
<p><b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941</p>	<p>10 – 11am <b>Harrow Library service story time</b> ( birth- 4years) Drop in</p>	<p>Partner Services</p>	<p>9:30am-3pm Health Clinics (bookings)</p>	<p>Partner service</p>	<p>10-11:30am <b>Explore and learn outdoors</b> (birth-4 years) Drop in</p> <p>1 – 2pm <b>Baby sensory</b> ( birth – crawlers) Drop in <b>24</b></p>

Venue	Monday 01 July 2024	Tuesday 02 July 2024	Wednesday 03 July 2024	Thursday 04 July 2024	Friday 05 July 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	<b>Call to book a            2, 3 / 4 year old health &amp;            development check</b>	10 – 11.30am <b>Let's Get Physical – drop in            Birth – 4 years</b>	10 – 11am <b>Parents As First Teachers Baby            Group - Birth – Crawlers – drop in</b>	10 – 11am <b>TALK &amp; Play -18 months +            With educational psychologist            drop in</b>	10.30 – 11.30am <b>Outdoor Play            'Little Adventurers'            Drop in</b>
	<b>Staff Training AM</b>	1 – 2.30pm <b>Children's Sensory Team –            appointments</b>	<b>Harrow Under 5's CAMHS service –            Call for more information / to ask for            a call back</b>	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	<b>Did you know we run a            Specialist Weaning Party</b> <i>Are you struggling to move            your older baby on from            puree? Did you need to start            introducing solid foods later?            Does your baby have            additional needs? If yes book            your place or find out more by            calling Cedars</i>
	12 – 2.30pm <b>Baby Feeding Group</b>	1 – 2.30pm <b>Sensory Play – drop in            No sensory room today</b>		1.30 – 3pm <b>Learning Through Play –            Healthy Living - drop in</b>	
		<b>Harrow Under 5's CAMHS service –            Call for more information / to ask            for a call back – NEW</b>			
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480		<b>PM - Virtual SEND Toilet            Learning workshop            call 020 8736 6222 to book</b>	10 – 11am <b>TALK &amp; Play -18 months + - drop            in</b>	<b>Health Visitors</b> Appointments are sent in advance	
			1.30 – 3pm <b>Indoor &amp; Outdoor Play - Drop in</b>	<i>Bespoke parenting group</i>	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460		10 – 11am <b>TALK &amp; Play – drop in            18 months +</b>		10 – 11am <b>Stories Come Alive – drop in</b>	10 – 11.30am <b>Let's Get Physical – drop            in</b>
		1.30 – 2.30pm <b>Parents As First Teachers Group            Birth – 3 years – drop in</b>	1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>	1.30 – 2.30pm <b>Parents As First Teachers Baby            Group – drop in Birth – Crawlers</b>	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	<b>Teddy Bears Picnic –            Headstone Manor            Poster will be            available</b>	<i>Families can visit Cedars for            Let's Get Physical 10 – 11.30am</i>	<b>Harrow Under 5's CAMHS service –            Call for more information / to ask for            a call back – COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group            Book your place by emailing  <a href="mailto:cookson@virginmedia.com">cookson@virginmedia.com</a></b>	10 – 11am <b>TALK &amp; Play –            18 months +            - Drop in</b>
		1.30 – 3pm <b>PAFT Group – Birth – 3 years –            drop in</b>		1.30 – 2.30pm <b>Indoor &amp; Outdoor Play – Low            cost to no cost activity ideas –            drop in</b>	
Chandos Chandos Crescent HA8 6HL 020 8736 6550		10 – 11am <b>Stories Come Alive – drop in            12 months +</b>	10 – 11am <b>Sensory Baby Group – drop in            Birth - Crawlers</b>	10 – 11.30am <b>Imagine &amp; Play – Dentist &amp; Oral            Health - drop in</b>	Partner agencies
	Partner agencies	Partner agencies	Partner agencies	Partner agencies	Islamic Cultural Society

Venues	Monday 01 July 2024	Tuesday 02 July 2024	Wednesday 03 July 2024	Thursday 04 July 2024	Friday 05 July 2024
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692	10-11.30am Portage group by appointment	Partner service		10 - 11am <b>Learning through play</b> (birth - 4 years) Drop in  1-2pm Portage bookings	1-2:30pm Blossom baby massage (bookings)  1 - 3pm Health Clinic Drop in
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)	9:30am - 11:30pm Healthy visitor Weighing drop in Clinic	TEAM DAY	10-11:30am <b>Rising stars</b> Focus group for children starting nursery or school (2-4 years )	1:30 - 2:30pm <b>Sensory baby</b> (birth crawlers) drop in
	1.30 – 2.30pm <b>Explore and learn</b> (birth – 4 years) Drop in			12 – 2.30pm Baby Feeding Group Drop in	
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	9:30 - 11:30am Health Visitor Clinic Drop in	10 - 11am <b>Stories come alive</b> ( birth - 4 years) Drop in	1 - 2pm <b>Harrow Library service</b> <b>story time</b> ( birth- 4years) Drop in	11am - 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in	Partner service
		1.30 - 2:30pm <b>Learning through play</b> (birth- 4 years) Drop in		<b>Behaviour workshop</b> <b>1.30 - 2.30pm</b> ( focus on parents of 2-5 yr olds) Virtual or face to face	
<b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941		Partner services	9:30am - 3pm Health Clinics Bookings	Partner service   26	10 - 11:30 <b>Explore and learn</b> (birth-4 years) Drop in  1 - 2pm <b>Baby sensory</b> ( birth - crawlers) Drop in

Venue	Monday 08 July 2024	Tuesday 09 July 2024	Wednesday 10 July 2024	Thursday 11 July 2024	Friday 12 July 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	<b>Call to book a            2, 3 / 4 year old health &amp;            development check</b>	10 – 11.30am <b>Let's Get Physical – drop in            Birth – 4 years</b>	10 – 11am <b>Parents As First Teachers Baby Group            - Birth – Crawlers – drop in</b>	<b>Team away day</b>	10.30 – 11.30am <b>Outdoor Play            'Little Adventurers'            Drop in</b>
	10-11am <b>Babbling Babies – The            importance of communication            from bump onwards - drop in</b>	1 – 2.30pm <b>Children's Sensory Team –            appointments</b>	<b>Harrow Under 5's CAMHS service – Call            for more information / to ask for a call            back</b>	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	<b>Did you know we run a            Specialist Weaning Party</b> <i>Are you struggling to move            your older baby on from            puree? Did you need to start            introducing solid foods later?            Does your baby have            additional needs? If yes book            your place or find out more by            calling Cedars</i>
	12 – 2.30pm <b>Baby Feeding Group</b>	1 – 2.30pm <b>Sensory Play – drop in            – Sensory room time</b>			
	1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>	<b>Harrow Under 5's CAMHS service –            Call for more information / to ask            for a call back – NEW</b>	<b>1 - 3pm NEW</b> <b>SEND Parenting advice session /            sensory room training - call to book</b>		
10 – 11am <b>Parents As First Teachers Group            Birth – 3 years – drop in</b>	10 – 11.30am <b>Imagine &amp; Play – <i>Dinosaurs</i> -            drop in</b>	10 – 11am <b>TALK &amp; Play -18 months + - drop in</b>	<b>Health Visitors</b> Appointments are sent in advance	10 – 11am <b>Baby Group  <i>Womb to World</i>            Pre-natal – Crawlers            Buggy walk – drop in</b>	
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	1 – 2.30pm <b>Learning Through Play – <i>Gross            Motor Skills</i> – drop in</b>	<b>12 – 1pm</b> <b>Weaning workshop call            020 8736 6222 to book</b>	1.30 – 3pm <b>Indoor &amp; Outdoor Play - Drop in</b>		
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<b>Virtual – Behaviour            Alternatives to physical            chastisement workshop –            PM– Call 020 8736 6222 to            book</b>	10 – 11am <b>TALK &amp; Play – drop in            18 months +</b>	10 – 11.30am <b>Learning Through Play - <i>Physical            play</i> – drop in</b>		10 – 11.30am <b>Let's Get Physical – drop            in</b>
		1.30 – 2.30pm <b>Parents As First Teachers Group            Birth – 3 years – drop in</b>	1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>		Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	1.30 – 3pm <b>Imagine &amp; Play  <i>My Big School</i> – drop in</b>	<b><i>Families can visit Cedars for            Let's Get Physical 10 – 11.30am            or Sensory Play 1 – 2.30pm</i></b>	<b>Harrow Under 5's CAMHS service – Call            for more information / to ask for a call            back – COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group</b> <b>Book your place by emailing  <a href="mailto:lcookson@virginmedia.com">lcookson@virginmedia.com</a></b>	10 – 11am <b>TALK &amp; Play –            18 months +            - Drop in</b>
		<b>1 - 3pm</b> <b>SEND Parenting advice session –            call to book</b>			
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am <b>TALK &amp; Play – drop in            18 months +</b>	10 – 11am <b>Stories Come Alive – drop in            12 months +</b>	10 – 11am <b>Sensory Baby Group – drop in            Birth - Crawlers</b>		Partner agencies
	Partner agencies	Partner agencies	<b>1 - 3pm NEW</b> <b>Oral health &amp; healthy living advice            session – call to book</b>	Partner agencies	Islamic Cultural Society

Venues	Monday 08 July 2024	Tuesday 09 July 2024	Wednesday 10 July 2024	Thursday 11 July 2024	Friday 12 July 2024
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692	10-11.30am Portage group by appointment  1 - 2pm <b>Sensory play</b> ( birth - 4 years) Drop in	Partner service	10-11am or 11.15am - 12:15pm <b>Baby Stay and play</b> ( birth- 18 months) Please only attend one group Drop in	10 - 11am <b>Learning through play</b> (birth - 4 years) Drop in  1-2pm Portage bookings	1-2:30pm Blossom baby massage (bookings)  1 - 3pm <b>Health Visitor</b> <b>Weighing clinic</b> Drop in
	1.30 - 2.30pm <b>Explore and learn</b> (birth - 4 years) Drop in		1 - 2:15pm <b>Let's play together</b> (Bookings)		
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)	9:30am-11:30pm <b>Healthy visitor</b> <b>Weighing Clinic</b> Drop in	10 - 11am <b>Stories come Alive</b> (birth-4 years) Drop in  1.30 - 2.30pm <b>Baby stay and Play</b> (birth-18 months) Drop in	10-11:30am Rising stars Focus group for children starting nursery or school ( 2-4 years)  12 - 2.30pm <b>Baby Feeding Group</b> Drop in	1:30 - 2:30pm <b>Sensory baby</b> (birth crawlers) <b>drop in</b>
	1.30 - 2.30pm <b>Explore and learn</b> (birth - 4 years) Drop in				
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	9:30 - 11:30am Health Visitor Clinic Drop in	10 - 11am <b>Stories come alive</b> ( birth - 4 years) Drop in  1.30-2:30pm <b>Learning through play</b> (birth- 4 years) Drop in	Partner service	11am - 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in	Partner service
<b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941	10 - 11:30am <b>Sensory play</b> (birth- 4 years) Drop in	Partner services	9:30am-3pm <b>Health Visitor Clinics</b> (bookings)	Partner service          28	10 -11.30am <b>Explore and Learn</b> (birth - 4years) Drop in  1 - 2pm <b>Baby sensory</b> ( birth - crawlers) Drop in

Venue	Monday 15 July 2024	Tuesday 16 July 2024	Wednesday 17 July 2024	Thursday 18 July 2024	Friday 19 July 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	<b>Call to book a            2, 3 / 4 year old health &amp;            development check</b>	10 – 11.30am <b>Let's Get Physical – drop in            Birth – 4 years</b>	10 – 11am <b>Parents As First Teachers Baby            Group - Birth – Crawlers – drop in</b>	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	10.30 – 11.30am <b>Outdoor Play            'Little Adventurers'            Drop in</b>
	10 -11am <b>Babbling Babies – The            importance of communication            from bump onwards - drop in</b>	1 – 2.30pm <b>Children's Sensory Team –            appointments</b>	1 - 3pm <b>SEND Parenting advice session /            sensory room training - call to book</b>	10 – 11am <b>TALK &amp; Play -18 months +            With educational psychologist            drop in</b>	
	12 – 2.30pm <b>Baby Feeding Group</b>	1 – 2.30pm <b>Sensory Play – drop in            – Sensory room time</b>		1 .30 – 3pm <b>Learning Through Play –            Low – no cost activities - drop            in</b>	
	1 – 2pm <b>Stories &amp; Rhyme Time - drop in</b>	<b>Harrow Under 5's CAMHS service –            Call for more information / to ask            for a call back – NEW</b>	<b>Harrow Under 5's CAMHS service – Call            for more information / to ask for a call            back</b>		
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	10 – 11am <b>Parents As First Teachers Group            Birth – 3 years – drop in</b>	10 – 11.30am <b>Imagine &amp; Play – Summer            Holidays - drop in</b>	10 – 11am <b>TALK &amp; Play -18 months + - drop in</b>	<b>Health Visitors</b> Appointments are sent in advance	10 – 11am <b>Baby Group            Womb to World            Pre-natal – Crawlers            Oral health – drop in</b>
	1 – 2.30pm <b>Learning Through Play – Phonics            – drop in</b>	<b>Families can visit Cedars for            Sensory Play 1 – 2.30pm</b>	1.30 – 3pm <b>Indoor &amp; Outdoor Play - Drop in</b>		
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<b>Families can attend Cedars for            Babbling babies 10 - 11am or            Stories &amp; Rhyme 1 – 2pm</b>	10 – 11am <b>TALK &amp; Play – drop in            18 months +</b>	10 – 11.30am <b>Learning Through Play - Physical            Play – drop in</b>	10 – 11am <b>Stories Come Alive – drop in</b>	10 – 11.30am <b>Let's Get Physical – drop            in</b>
			Partner agencies	<b>Parents As First Teachers Baby            Group – drop in Birth – Crawlers</b>	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	<b>Families can attend Cedars for            Babbling babies 10 - 11am or            Stories &amp; Rhyme 1 – 2pm</b>	1.30 – 3pm <b>PAFT Group – Birth – 3 years –            drop in</b>	<b>Harrow Under 5's CAMHS service – Call            for more information / to ask for a call            back – COMING SOON!</b>	9.30 – 11.30am <b>Childminders' Group</b> <b>Book your place by emailing  <a href="mailto:lcookson@virginmedia.com">lcookson@virginmedia.com</a></b>	10 – 11am <b>TALK &amp; Play –            18 months +            - Drop in</b>
		<b>Virtual – Managing Emotions            PM – Call 020 8736 6222 to            book</b>	1.30 – 2.30pm <b>Stories &amp; Rhyme Time - drop in</b>	1.30 – 2.30pm <b>Indoor &amp; Outdoor Play – Low            cost to no cost activity ideas –            drop in</b>	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	<b>Families can go to Stanmore            Park for PAFT 10 – 11am</b>	10 – 11am <b>Stories Come Alive – drop in            12 months +</b>	10 – 11am <b>Sensory Baby Group – drop in            Birth - Crawlers</b>	10 – 11.30am <b>Imagine &amp; Play – Summer            Holidays - drop in</b>	Partner agencies
	Partner agencies	1 – 3pm <b>Me &amp; My Baby – advice session            – call to book NEW</b>		Partner agencies	Islamic Cultural Society

Venues	Monday 15 July 2024	Tuesday 16 July 2024	Wednesday 17 July 2024	Thursday 18 July 2024	Friday 19 July 2024
<b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692	10-11.30am Portage group by appointment  1 – 2pm <b>Sensory play</b> ( birth – 4 years) Drop in	Partner service	10 – 11am <b>OR</b> 11.15am – 12.15pm <b>Baby Stay and play</b> ( birth- 18 months) Please only attend one group Drop in	10 – 11am <b>Learning through play</b> (birth - 4 years) Drop in <b>With EP</b>  1 -2pm <b>Portage bookings</b>	1-2:30pm Blossom baby massage (bookings)  1 – 3pm Health Clinic Drop in
<b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400	9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)  1.30 – 2.30 <b>Explore and learn</b> (birth – 4 years) Drop in	9:30am-11:30pm <b>Healthy visitor</b> <b>Weighing drop in Clinic</b>	10 - 11am <b>Stories come Alive</b> (birth-4 years) Drop in	10-11:30am <b>Rising stars</b> Focus group for children starting nursery or school ( 2-4 years)  12 – 2.30pm <b>Baby Feeding Group</b> Drop in	1:30 – 2:30pm <b>Sensory baby</b> (birth crawlers) Drop in
			1.30 - 2.30pm <b>Baby stay and Play</b> (birth-18 months) Drop in		
<b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	9:30 – 11:30am Health Visitor Clinic Drop in	10 – 11am <b>Stories come alive</b> ( birth – 4 years) Drop in  1.30-2:30pm <b>Learning through play</b> (birth- 4 years) Drop in		11am - 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in	Partner service
<b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941	10- 11.30am <b>Sensory play</b> (birth- 4 years ) Drop in	Partner services	9:30am-3pm <b>Health Visitor Clinics</b> (bookings)	Partner service	10 -11.30 <b>Explore and Learn</b> (birth – 4years) Drop in  1 – 2pm <b>Baby sensory</b> <b>( birth – crawlers)</b> <b>Drop in</b>

Venue	Monday 22 July 2024	Tuesday 23 July 2024	Wednesday 24 July 2024	Thursday 25 July 2024	Friday 26 July 2024
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222	Call to book a 2, 3 / 4 year old health & development check	10 – 11.30am Let's Get Physical – drop in Birth – 4 years	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	9.30 – 11.30am <b>Healthy Child Clinic</b> Drop in baby weighing & health visitor advice	The team are busy preparing for the summer holiday sessions We look forward to seeing you soon!
	10 -11am Babbling Babies – The importance of communication from bump onwards - drop in	1 – 2.30pm Children's Sensory Team – appointments	Weaning Party 6 months + Call to book your place	The team are busy planning for the summer holiday sessions We look forward to seeing you soon!	
	12 – 2.30pm Baby Feeding Group	1 – 2.30pm Sensory Play – drop in – Sensory room time			
	1 – 2pm Stories & Rhyme Time - drop in	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back – <b>NEW</b>	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back		
Stanmore Park William Drive Stanmore HA7 4FZ 020 8736 6480	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – <i>Superheroes</i> - drop in		Health Visitors Appointments are sent in advance	
	1 – 2.30pm Learning Through Play – <i>Phonics</i> – drop in	<i>Families can visit Cedars for Sensory Play 1 – 2.30pm</i>			
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	<i>Families can attend Cedars for Babbling babies 10 - 11am or Stories &amp; Rhyme 1 – 2pm</i>	10 – 11am TALK & Play – drop in 18 months +			
			Partner agencies		Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066	1.30 – 3pm Imagine & Play <i>Bear Hunt</i> – drop in	1.30 – 3pm PAFT Group – Birth – 3 years – drop in	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back – <b>COMING SOON!</b>	9.30 – 11.30am Childminders' Group Book your place by emailing <a href="mailto:lcookson@virginmedia.com">lcookson@virginmedia.com</a>	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +			Partner agencies
	Partner agencies	1 – 3pm Me & My Baby – advice session – call to book <b>NEW</b>		Partner agencies	Islamic Cultural Society

Venues	Monday 22 July 2024	Tuesday 23 July 2024	Wednesday 24 July 2024	Thursday 25 July 2024	Friday 26 July 2024
<p><b>Hillview</b> 2 Grange Road, South Harrow, HA2 OLW 020 8422 4692</p>	<p>10-11.30am Portage group by appointment</p> <p>1 – 3pm Blossom Antenatal</p>	<p>Partner service</p>	<p>10-11am or 11.15am - 12.15pm <b>Baby Stay and play</b> ( birth- 18 months) Please only attend one group Drop in</p>	<p>10 – 11am <b>Learning through play</b> (birth - 4 years) Drop in</p> <p>1-2pm Portage bookings</p>	<p>1-2:30pm Blossom baby massage (booking)</p> <p>1 – 3pm Health Clinic Drop in</p>
<p><b>Kenmore Park</b> Warneford Road, Kenton, HA3 9HZ 020 8416 8400</p>	<p>9.45- 11am Or 11:15-12:30 <b>Homestart</b> Home from Home Stay and play (Please attend only one group)</p> <p>1.30 – 2.30 <b>Explore and learn</b> (birth – 4 years) Drop in</p>	<p>9:30am-11:30pm <b>Healthy visitor</b> <b>Weighing drop in Clinic</b></p>	<p>10 - 11am <b>Stories come Alive</b> (birth-4 years) Drop in</p> <p>1.30 - 2.30pm <b>Baby stay and Play</b> (birth-18 months) Drop in</p>	<p>12 – 2.30pm Baby Feeding Group Drop in</p>	<p>1:30 – 2:30pm <b>Sensory baby</b> (birth crawlers) drop in</p>
<p><b>Gange</b> 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134</p>	<p>9:30 – 11:30am Health Visitor Clinic Drop in</p>	<p>10 – 11am <b>Stories come alive</b> ( birth – 4 years) Drop in</p> <p>1.30-2:30pm <b>Learning through play</b> (birth- 4 years) Drop in</p>	<p>Parenting advice / top tips pm appointments (Bookings)</p>	<p>11am - 12pm <b>Baby Stay and play</b> (birth- 18 months) Drop in</p>	<p>Partner service</p>
<p><b>Elmgrove</b> Kenmore Ave Kenton HA3 8LU 020 8907 4941</p>	<p>10- 11.30am <b>Sensory play</b> (birth- 4 years ) Drop in</p>	<p>Partner services</p>	<p>9:30am-3pm <b>Health Visitor Clinics</b> (bookings)</p>	<p>Partner service</p>	<p>10 -11.30 <b>Explore and Learn</b> (birth – 4years) Drop in KL</p> <p>1 – 2pm <b>Baby sensory</b> ( birth – crawlers) Drop in</p>

Learn a little bit more about what we do in the centres ...

All Early Support staff have qualifications in Early Years or Youth work, the teams are experienced in working with the Early Years Foundation Stage Curriculum and other relevant curricula. The team have a range of training and specialisms including parenting, social work, health, education & more... The team are here to support you on your parenting journey and have the ethos that you are the first and most influential teacher of your child, we are here to offer some theory and evidence based approaches / tools to help you along. Here are a few of the activities we run & a bit about who leads them and what you can expect

Group Name	More information
Parents As First Teachers (PAFT) Baby Groups & all baby groups	Qualified PAFT practitioners provide evidenced based activities focussing on the neuroscience behind your babies development. The team have a clear focus on you as parents being your child's first and most influential teacher. This is an opportunity to explore your attachment, babies development & fun ideas around how to support your baby to learn & grow. The group has a different focus each week and explores arrange of great home learning ideas. It is also a brilliant opportunity to meet life long friends & socialise with other families
Parents As First Teachers (PAFT) Toddler groups	Qualified PAFT practitioners provide evidenced based activities focussing on the neuroscience behind your child's development. This is a great opportunity to learn fun activities, to get advice around developmental stages & challenges & to meet other families.
Sensory Play	Children learn through sensory exploration. Sensory play is lead by Early Years trained staff who use the Early Years Foundation Stage Curriculum & parenting evidence base to create fun, developmentally challenging sensory play opportunities that parents can recreate at home or that they may not be able to experience elsewhere.
Learning Through Play	Early Years trained staff providing developmentally stimulating activities using the Early Years Foundation Stage Curriculum. Not only is it tons of fun but it is a great chance for your child to explore new things, & for you as parents to pick up tips about activities that will support your child to learn, for example games for numbers in play, colours in play, language development & to help build your child's confidence & self esteem
Imagine & Play	Children thrive on the opportunity to get creative, this groups gives you the chance to support your child's imagination through early year activities. Imagine and play as a theme each week & allows parents an opportunity to support their child to revisit past experiences, explore new experiences & to get creative with their imagination. The Early Years trained staff are available to offer ideas & to answer questions you may have about your child's development
Stories Come Alive	Help your child to become a life long reader & story teller, get them excited about story telling & books. The Early Years trained staff create lovely environments focussed on the story that are available to explore & providing opportunities to create stories of your own.

Parenting Programmes – If you feel your family would benefit from one of our more intensive parenting programmes contact 020 89012690 select the option for Harrow Multi- agency Safeguarding Hub (MASH) & request Early Support & the relevant programme

Group Name	More information	
Parents As First Teachers (PAFT) For parents Pre natal – 5 years	<p><b>“ALL CHILDREN WILL LEARN, GROW &amp; DEVELOP TO REALISE THEIR FULL POTENTIAL.”</b></p> <p>Parents as First Teachers offers a successful research and evidence-based parenting programme. Early Support professionals work on a 1:1 or small group basis with parents and their children pre-birth to five, using the Parents as Teachers Foundation Curriculum</p>	
Strengthening Families, Strengthening Communities For parents of children & young people aged 3 – 18 years (whole family approach)	<p>Strengthening Families, Strengthening Communities (SFSC) is an <b>inclusive evidence-based parenting programme</b>, designed to promote protective factors which are associated with good parenting and better outcomes for children.</p>	
Triple P Teens For parents of 11 – 16 year olds	<p>Teen Triple P is a <b>positive parenting programme which is suitable for parents, step parents, grandparents and carers of pre-teens and teenage children (11-16years)</b>. The programme can help parents and carers to: cope positively with some of the common issues associated with raising a teenager.</p>	
Happy Families Whole family approach Age (Birth to 18 years)	<p><b>WHAT WILL BE COVERD?</b></p> <ul style="list-style-type: none"> <li>• Cultural / spiritual identity -</li> <li>• Positive discipline</li> <li>• Improving relationships</li> <li>• Practical parenting tools</li> <li>• Communications</li> </ul>	<p><b>The course is designed to:</b></p> <ul style="list-style-type: none"> <li>• improve parenting skills</li> <li>• Improve interactions with your children</li> <li>• Help your children learn and grow</li> <li>• Improve relationship amongst partner &amp;/or co-parent</li> <li>• Build your child self-esteem</li> <li>• Build Leadership Skills</li> </ul>
Behaviour Management – Alternatives to Physical Chastisement	<p><b>An evidenced based workshop with tools &amp; resources to support parents in responding to challenging behaviours.</b> Techniques in preventing escalation of behaviour and advice on how to reduce frustration when responding to unwanted behaviours.</p>	
Co-parenting	<p>Co -parenting sessions are offered to <b>parents/carers who share the care of children</b>, (parents separating/living apart, working opposite work patterns) <b>the quality of the relationship between parents can have a strong influence on a child's emotional wellbeing</b>, the aim of the sessions is to support parents/carers using tools provided to promote positive change to help improve communication, ensuring the child comes first.</p>	

Group Name	More information
TALK & Play	The team are trained by local speech & language therapists to provide Speech, language & communication support, advice & guidance to parents. All groups & services promote language development however TALK & play has a real focus on communication. Staff are available to share ideas to support develop communication skills & to answer questions or concerns around your child's speech & language. The group focusses on a range of evidenced based speech and language strategies
TALK Focus	Targeted at those not in a setting with communication, speech or language delay. Qualified experienced staff offer great activity ideas, evidenced based advice & can support communication with the speech & language team, ensuing any necessary referrals are followed up.
Special Playtimes	Qualified staff offer early intervention and support for parents of children pre & post diagnosis. This group offers the opportunity for you to learn tools to support your child's, care, learning & development with experienced staff. Great opportunities to develop communication tools & skills, to learn about behaviour triggers, routines, toileting, great home learning ideas, schemas and much more. The team can support signposting & referrals to services that will support you to meet your child's needs & to access your entitlement – booking only
2 year old checks	Did you know that all 2 year olds are entitled to a health & development check. The Health Visiting Team provide part 1 (ASQ). If your child is in a setting they will carry out part 2 of the check. However if your child is not in a setting (nursery, childminder or school) then this can be carried out by a qualified Early Support team member) Great opportunity to learn ideas around how to support your child's next stage of development & to receive top tips & advice in areas you have questions
Health & Well-being groups	A brilliant group to promote your child's health, an opportunity to learn activities that support building emotional resilience & intelligence, to learn healthy recipes & good games that promote healthy lifestyles & reduce the risks of obesity
Outdoor play	Outdoor learning is essential in the Early Years, the outdoor play groups provide a great opportunity for exploration & learning ( <i>especially for those that don't have an outdoor space at home</i> ). <i>Activities including, helping to look after our allotments, grow your own, physical play, water play, construction play &amp; much more</i>

Look out for information on other services in the next timetable!

Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 0LW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:



[www.facebook.com/harrowcc](https://www.facebook.com/harrowcc)



## Safeguarding is EVERYONE'S RESPONSIBILITY

If you are concerned about a child call  
**020 8901 2690** on weekends or after 5pm call **020 8424 0999**

Domestic Abuse  
Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number **020 8901 2690**

or the DA helpline on  
020 8907 8148  
24 hrs 0808 2000 247

Stay safe!