

Belmont School's Whole School Curriculum Overview 2025-2026

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Science	The human body & Seasonal change: Autumn	Materials & Seasonal change: Winter	Planting A & Animals	Caring for the planet* Seasonal change: Spring Planting B &	Plants & Planting C	Growing and cooking* Seasonal change: Summer Consolidation
	History		Toys		Family tree		Significant People
	Geography	Exploring the World		The United Kingdom		Around the local area	
	Art	Drawing & Sketchbooks: <i>Spirals</i>		Surface & Colour: <i>Exploring watercolour</i>		Working in 3D: <i>Playful Making</i>	
	DT		Cooking and Nutrition: Fruits and Vegetables.		Mechanisms: Moving parts (story book and wheels)		Structures and textiles: Making structures
	Music	Introducing Pitch: High, middle and low	Introducing Winter Celebrations: Finding our singing voices	Rhythm and Pulse Playing a steady pulse	Dynamics: Staccato and legato Graph notation	Interesting sounds: Getting to know our instruments: <ul style="list-style-type: none"> - <i>Using our voices to accompany an instrument</i> - <i>Writing a score</i> 	Summer show case: <ul style="list-style-type: none"> - <i>Recapping and refining skills</i> - <i>Final performance</i>
	PSHE	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
	RE	Places of worship – all faiths	Stories of good over evil – all religions	Special Days – all religions	Response to certain sounds – all religions (call to prayer, singing)	Teachings of Jesus	Holy Books – all religions
	Computing	Technology around us	Digital painting	Moving a robot	Grouping data	Digital writing	Programming animations
	PE Coach	Basic Movements	Travelling - Mini Games	Gymnastics - Stretching and Balancing	Agility – Throwing and Catching	Athletics - Control when throwing	Athletics - Running

	PE Class Teacher	Fundamental movement skills	Invasion Games – Running and jumping,	Dance – The Animal Dance	Net and Wall Games – Throwing and catching (Sitting Volleyball)	Striking and Fielding – Throwing and Hitting (Cricket)	Outdoor Gym/Orienteering
	Spanish	Introduction to Spanish, greetings, colours and Halloween Oral Rehearsal and Recognition of words	Emotions, weather, the alphabet and Christmas Oral Rehearsal and Recognition of words	Food and Animals Oral Rehearsal and Recognition of words	Spanish speaking countries, Family, Jobs and Easter traditions in Spain: Oral Rehearsal and Recognition of words	Body, School and Home Oral Rehearsal and Recognition of words	Sports, Objects, More traditions of Spain Oral Rehearsal and Recognition of words
	Outdoor Learning	Transition curriculum	Transition curriculum	Seasonal changes	Seasonal changes	Seasonal changes	Enrich
	Cultural Capital opportunities	Church visit at Christmas Toy museum		Animals: farm, workshop in for KS1 https://www.vam.ac.uk/young London Aquarium Forest School	Walk around the local area Florence Nightingale workshop		

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Science	Animal needs for survival & Humans	Materials; Plastic*	Plants (light and dark)	Living things and their habitats, Plants Light and dark	Plants (bulbs and seeds), Growing up	Plants, Growing up and Wildlife*
	History		The Great Fire of London	Going on an Expedition		What is a monarch?	
	Geography	Where in the world is Northern Europe?			Where are we on the Globe?		Living on an Island
	Art	Drawing & Sketchbooks: <i>Explore and Draw</i>			Working in 3D: <i>Stick transformation project</i>		Surface & Colour: <i>Exploring the world through monoprint</i>
	DT		Cooking and Nutrition – A Balanced diet	Structures and textiles: sewing a pouch		Mechanisms - Pivots, levers and linkages	
	Music	Unit Topic/Theme: <i>Exploring rhythm & pulse</i>	Unit Topic/Theme: <i>Winter Celebrations</i>	Unit Topic/Theme: <i>Taking off - pitch</i>	Unit Topic/Theme: <i>Instrument Families</i>	Unit Topic/Theme: <i>Music reflecting our world</i>	Unit Topic/Theme: <i>Summer Showcase</i>
	PSHE	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct

		Valuing contributions Choices Recognising feelings	Celebrating difference and remaining friends			Trust and appreciation Expressing appreciation for special relationships	terminology) Assertiveness Preparing for transition
	RE	Homes – differences in different religions	Religious people who embodied faith and lead worship – all religions	Commandments / Rules – Judaism	Special religious objects/symbols – all religions	Religious days and their significance - Hinduism	Significant figures and how they shaped their religions
	Computing	Information technology around us	Digital photography	Coding and programming – robot algorithms.	Pictograms	Making music	Programming quizzes
	PE Coach	Movement in games	Throwing and Catching	Gymnastics – Sequence of different actions	Football – Finding and using space to kick	Athletics - Consistency, control and accuracy when throwing	Athletics - Running, begin to change speed
	PE Class Teacher	Fundamental movement skills	Invasion games - Running, jumping, throwing and catching	Dance - ‘If Animals Danced’	Net and Wall Games – Movement, throwing and catching (Sitting Volleyball)	Striking and Fielding – Catching, throwing (bowling underarm) and Hitting (Cricket)	Outdoor Gym (& Fitness Circuit)/ Orienteering
	Spanish	Introduction to Spanish, greetings, colours and Halloween Reading, Understanding and Responding	Emotions, weather, the alphabet and Christmas Reading, Understanding and Responding	Food and Animals Reading, Understanding and Responding	Spanish speaking countries, Family, Jobs and Easter traditions in Spain: Reading, Understanding and Responding	Body, School and Home Reading, Understanding and Responding	Sports, Objects, More traditions of Spain Reading, Understanding and Responding
	Outdoor Learning	Naming and describing natural materials	Lighting / extinguishing fires safely (referring back to material learning)	Creating outdoor weather stations	Local environment	Exploring stories outside	Keeping healthy and safe
	Cultural capital	Local area walk	Great Fire of London workshop	Belmont Synagogue	Young V&A	Kings and Queens workshop	Headstone Manor, Wigmore Hall

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Science	Skeletons (weeks 1-3) Movement (week 4)	Nutrition and diet (weeks 5-7) Food waste (week 8 eco) Rocks (weeks 9,10 10)	Fossils (weeks 1-2) Soils (weeks 3-5)	Light (weeks 6 –11)	Plants A (weeks 1-6) Forces (weeks 7-8) Magnets (weeks 9-10)	Plants B week (11) Biodiversity (eco – week 12)
	History		Stone Age – Iron Age		Egyptians		Ottoman Empire
	Geography	Rivers		Southwest of England		Map reading for survival	
	Art	Drawing and Sketchbook, gestural drawings with charcoal.		Surface and colour- cloth, thread, and paint		Working in 3D –telling stories through drawing and making	

DT		Cooking and nutrition – seasonal eating		Mechanism – pneumatic systems		Structures and textiles building castles
Music	Unit Topic/Theme: Singing Games	Unit Topic/Theme: Winter Celebrations	Unit Topic/Theme: Pentatonic Scales	Unit Topic/Theme: Instruments of the Orchestra	Unit Topic/Theme: Descriptive/Programme Music	Unit Topic/Theme Summer Showcase
PSHE	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition
RE	Prayers Christianity	Being Happy Buddhism	Holy Books Islam/ Judaism	Artefacts- Symbols All different religions.	Birth/Naming Ceremonies (4 religions) - Islam, Hinduism, Christianity and Sikhism	Pilgrimage (6 religions) - Islam, Hinduism, Christianity, Sikhism, Buddhism, Jainism
Computing	Connecting computers	Stop-frame animation	Sequencing sounds	Branching databases	Desktop publishing	Events and actions in programs
PE Coach	Basketball - Play effectively with speed and precision, as members of both small and larger teams	Football -Play effectively with speed and precision, as members of both small and larger groups	Gymnastics - Perform longer movement phrases with clear beginnings, middles and ends - Repeat these sequences accurately and consistently	Tennis -Use a wide range of throwing, catching and hitting skills, on both sides of their body	Cricket - Hit a bowled ball with intent and force - Collect, stop, intercept and throw a ball with increasing efficiency	Athletics - Demonstrate good technique, fluency of movement, accuracy and consistency in a wide range of running, jumping and throwing actions and challenges
Spanish	Introduction to Spanish, greetings, colours and Halloween Reading, Understanding and responding and writing vocabulary	Getting started two. Reading, Understanding and responding and writing vocabulary	Let's eat two Reading, Understanding and responding and writing vocabulary	My family 2 Reading, Understanding and responding and writing vocabulary	My body 2 Reading, Understanding and responding and writing vocabulary	Traditions of Spain 2 Reading, Understanding and responding and writing vocabulary
Outdoor Learning	Naming and describing natural materials	Lighting/extinguishing fires safely (referring, back to material learning)	Creating outdoor weather stations.	Local environment	Exploring stories outside	Keeping healthy and safe

Year 4							
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Science	Group and classify living things Data Collection A States of matter	States of Matter	Sound Data collection B	Electricity Energy*	Habitats Data collection C Deforestation*	The Digestive System Food Chains	
History	Road to Romans		Shang Dynasty		The Mayan Civilization		
Geography		China		South America		Locating places	
Art	Drawing & Sketchbooks <i>Storytelling through drawing</i>		Surface & Colour: <i>Exploring still life</i>		Working in 3D: <i>Mayan Mask</i> (use cardboard as base and build on)		
DT		Cooking and Nutrition- Adapting recipes (check recipes – something to refrigerate)		Systems- Torches		Structures and textiles: fastenings	
Music	Unit Topic/Theme: Patterns that repeat	Unit Topic/Theme: Winter Celebrations	Unit Topic/Theme: Reading a standard stave (Major Scales and Chords)	Unit Topic/Theme: Class Band	Unit Topic/Theme Music, colour & visual art	Unit Topic/Theme Summer Showcase	
PSHE	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Showing appreciation to people and animals	Being unique Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change	
RE	Being sorry / forgiveness – 2 religions (Judaism and Christianity)	Beliefs and Actions – The 5 Pillars Islam	Clothing and their significance – the 5 K's and Guru Nanak - Sikhism	The relevance of Jesus today – Christianity	Faiths defining themselves – Baha'i	Humanism – similarities and differences with religions	
Computing	The internet	Audio production	Repetition in shapes	Data logging	Photo editing	Repetition in games	
PE Coach	Basketball	Football	Gymnastics	Tennis	Athletics	Cricket	

		- Play effectively with speed in both small and larger teams	- Keep possession consistently in match situations	- Perform more complex sequences including imaginative combinations of actions	- Throwing, catching and hitting on both sides of their body	- Demonstrate good technique and fluency of movements in a range of challenges	- Collect, stop, intercept and throw a ball with increasing efficiency
	Spanish	Introduction to Spanish, greetings, colours and Halloween Reading, Understanding, responding and writing vocabulary and sentences	Emotions, weather, the alphabet and Christmas Reading, Understanding, responding and writing vocabulary and sentences	Food and Animals Reading, Understanding, responding and writing vocabulary and sentences	Spanish speaking countries, Family, Jobs and Easter traditions in Spain Reading, Understanding, responding and writing vocabulary and sentences	Body, School and Home Reading, Understanding, responding and writing vocabulary and sentences	Sports, Objects, More traditions of Spain Reading, Understanding, responding and writing vocabulary and sentences
	Outdoor Learning	Recognising animal tracks	Building different types of shelters	Cooking Egyptian flat bread on a fire	Examining different soil types	Using Roman char cloths for fire lighting	Manage and monitor local trees

Year 5							
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		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Science	Forces	Space Global warming*	Properties of Materials	Animals including humans Life cycles X lessons a week	Reproduction A Reversible and irreversible changes	Reversible and irreversible changes Plastic pollution* Reproduction B
	History		Voyaging Vikings		Ancient Greece		Early Islamic Civilization
	Geography	Natural Disasters (New Zealand)		Mapping the World		East Anglia	
	Art	Drawing & Sketchbooks: <i>Drawing exercises</i>		Surface & Colour <i>Fashion Design</i>		Working in 3D: <i>Architecture – Dream big or small?</i>	
	DT		Cooking and Nutrition – What could be healthier?		Digital doodlers		Systems – monitoring devices
	Music	Unit Topic/Theme: Patterns that fit together	Unit Topic/Theme: Winter Celebrations	Unit Topic/Theme: Minor Scales and Chords	Unit Topic/Theme: Round and About	Unit Topic/Theme: Bring it together	Unit Topic/Theme: Summer Showcase
	PSHE	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Growing responsibility Coping with change Preparing for transition

		Democracy, having a voice, participating	Enjoying and respecting other cultures			Reducing screen time Dangers of online grooming SMARRT internet safety rules	
	RE	Actions and Consequences – Buddhism/ Jainism	Better to give then receive – Christianity/ Islam	Beliefs in life after death – (3 religions Islam/Christianity/ Jainism)	Beliefs and Practice – Zoroastrianism	The Lord’s prayer and it’s universality – Christianity/Judaism	Belonging and Identity – Humanism
	Computing	Sharing information	Video production	Selection in physical computing	Flat-file databases	Vector drawing	Selection in quizzes
	PE Coach	Fitness and Circuit – Outdoor Gym (& designing activity to incorporate in circuit)	Football -Use different skills in match situations	Gymnastics (Rolls and Balances) -In groups, lead in practising performances for audience	Tennis - Play full game of short tennis	Athletics -Set targets and improve performance in running, jumping and throwing activities	Cricket - Playing range of shots and bowling overarm
	PE Class Teacher	Cross Country – Running and Interval Training	Tag Rugby - Ability to attack and defend against opposition	Dance -Use movement to explore and communicate ideas and issues	Striking and Fielding – Hockey -Pass and shoot accurately in match situations	Net and Wall Games- Netball - Use a range of tactics in attack and defence	Outdoor Adventure Activities -Read and interpret the scale of a map Orienteering
	Spanish	Introduction to Spanish, greetings, colours and Halloween Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing simple grammatical structures.	Emotions, weather, the alphabet and Christmas Reading, Understanding, responding and writing vocabulary and more complex sentences by practicing simple grammatical structures	Food and Animals Reading, Understanding, responding and writing vocabulary and more complex sentences by practicing simple grammatical structures	Spanish speaking countries, Family, Jobs and Easter traditions in Spain Reading, Understanding, responding and writing vocabulary and more complex sentences by practicing simple grammatical structures	Body, School and Home Reading, Understanding, responding and writing vocabulary and more complex sentences by practicing simple grammatical structures	Sports, Objects, More traditions of Spain Reading, Understanding, responding and writing vocabulary and more complex sentences by practicing simple grammatical structures
	Outdoor Learning	Practice orienteering skills	Creating natural Mehndi / Mandalas	Using tools to create Viking weapons	Creating healthy menus	Making charcoal paint to decorate a pebble	Creating map quadrants

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Science	Living things and their habitats	Electricity Renewable energy*	Light Light pollution*	The circulatory system Diet, drugs and lifestyle	Variation Adaptations	Fossils Themed projects (Year 7 ready)
	History		WW2		Kingdom of Benin		British Empire
	Geography	Rivers		We are cartographers		Globalisation	

Art	Drawing & Sketchbooks: Cityscapes		Layered portraits			'What a performance!' Props, setting, costumes
DT		Cooking and Nutrition – Come Dine with Me		Systems – automata toys	Structures and textiles: designing playground equipment	
Music	Unit Topic/Theme: Physical Rhythm	Unit Topic/Theme: Winter Celebrations	Unit Topic/Theme: Famous Composers	Unit Topic/Theme: Performing Together	Unit Topic/Theme: Song Writer	Unit Topic/Theme Summer Showcase
PSHE	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Transition
RE	The purpose of prayer – Islam	Meaning and purpose of life/ search for the truth – Hinduism (Ahimsa)	Most important Christian event – Christianity	Baisakhi Story Sikhism	Inspirational figures – all religions including Humanism	Religious responsibility – Judaism/ Zoroastrianism
Computing	Internet communication	Webpage creation	Variables in games	Variables in games	Introduction to spreadsheets	Programming - Microbits
PE Coach	Fitness and Circuit – Outdoor Gym (& designing and teaching other activity to incorporate in circuit)	Football - In match situations, use a number of different skills to pass, dribble and shoot	Gymnastics (Rolls and Balances) - Create original range of actions, shapes and balances in performance	Tennis - Play full game of short tennis using range of shots	Athletics -Adapt skills and techniques to different challenges and equipment	Cricket -Play range of shots and bowl overarm Orienteering
PE						
Spanish	Introduction to Spanish, greetings, colours and Halloween Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing more advanced grammatical structures. By using these they can create their basic own ideas in Spanish.	Emotions, weather, the alphabet and Christmas Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing more advanced grammatical structures. By using these they can create their basic own ideas in Spanish.	Food and Animals Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing more advanced grammatical structures. By using these they can create their basic own ideas in Spanish.	Spanish speaking countries, Family, Jobs and Easter traditions in Spain Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing more advanced grammatical structures. By using these they can create their basic own ideas in Spanish.	Body, School and Home Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing more advanced grammatical structures. By using these they can create their basic own ideas in Spanish.	Sports, Objects, More traditions of Spain Reading, Understanding, responding, and writing vocabulary and more complex sentences by practicing more advanced grammatical structures. By using these they can create their basic own ideas in Spanish.

	Outdoor Learning	Outdoor Drawing Club Bulb-planting	WW2 Enrich activities	Creating and using maps of the school grounds	Gardening / weeding and clearing	Environmental survey	Mindfulness